



Volume 18 Issue 7 September 2021

Welcome, forgive, love

This is the third 'front page bit' I've written for this edition of 5Alive. No, I'm not planning a 4th career in journalism or creative writing – it's just that as different things have happened, I've changed it all as I have reflected.



Today the TV has been beaming pictures of normal everyday people into our homes, people just like you and me, hanging on to the outside of an aeroplane in an effort to flee the horrors of their home country and find a freedom. I do not know what that must feel like – the fear, the horror, the sense of futility of a life where a regime can so dictate the lives of human beings. prevent education and force guns into the hands of young people. I cannot understand - I have never been in that position. My heart though cannot fail to respond to the desperate needs of those people in Afghanistan.

In our own country in these past months people have had a very slight taste of restriction – and what did we find here? Protests about the "wickedness" of stopping us doing things we *want* to do. I don't deny it's been hard –it has!

....and for some people (many, even) it continues to be so. The virus has not gone away and nor have the effects it has had on individuals. In the main, people have tried to adhere to the guide-lines/restrictions in order that all people could be safe.

People would have turned to God – to the church - but we shut them out. Some of you know how deeply ashamed I feel about the church doing that. Then the church is always very good at shooting itself in the foot, isn't it?

I was a visitor in a church just a couple of years ago, no-one spoke to me when I went in – they

carried on chatting – so I went to a completely empty row, sat downand then someone came and said, "You can't sit here"! As I looked around at the almost empty church, I realised that I wasn't wanted. I thanked them for my welcome - and left!

I thought that attitude had gone yonks ago, but then when two visitors looking for a new spiritual home came into a benefice church not so long ago, they were told, "You're sitting in my seat!" They didn't come back. We shut doors in all sorts of ways; we say: "Come, all are welcome" – but we don't welcome.



We say we trust in God – and do everything we can to ignore Him and carry on in our own strength. We offer a gospel of forgiveness but fail to show that in our dealings with others.

I do find it hard to forgive indiscriminate slaughter such as has just happened in Keyham, such as we witness with the regimes in other countries. I don't pretend any of this is easy. I am reminded though that God doesn't need four walls to work – to welcome, to forgive, to love. Our world, our society so needs the true Church of God – that is the **people** - NOT buildings - to fall on its knees in repentance and prayer for the state of our beautiful, wonderful but so damaged world.

Rev Sue

smile find it

ST JAMES, TYTHERINGTON 100+ CLUB **SUMMER DRAW**

1st (196) D Wares; 2nd (182) J McCollam Joint 3rd (42) T Whiles, (166) C Tilton, (48) R Norton

Alzheimer's Society

Dementia Support South Gloucestershire

Dementia support workers offer information and practical guidance to help

people understand dementia, cope with day-to-day challenges and prepare for the future. The service is for people with Dementia and their carers, family and friends. Call our support line for more information: Tel: 0333 150 3456

Monday to Wednesday 9am - 8pm, 9am – 5pm 10am – 4pm Thursday and Friday Saturday and Sunday or see our website: www.alzheimers.org.uk

The Thornbury Memory Café is run by local people, and supports those in Thornbury and the surrounding area with some form of memory loss.

The café meets on the second and fourth Tuesday of the month at 10.15am in the Methodist Church Hall. Anyone with a memory problem, together with a carer or friend is welcome. There is time for chatter and meeting with others.

Please contact Sue Rowley 01454 412941.

	FALFIELD WEATHER RECORDS JULY 2021			
	High	Low	Average	
Temp	31.8 ⁰ C	11.8 ⁰ C	19.3 °C	
Dew Point	18.9 ⁰ C	-6.4 °C	9.5 °C	
Humidity	99.0 %	10 %	60 %	
Precipitation	83.79 mm			
Wettest Day	26.67 on the 4th July. YTD 418.82 mm			
Wind direction	SOUTH			
Pressure	1033.19 hPa	995.94 hPa		
Go to www.wunderground.com/personal-weather-station/				

dashboard?ID=IENGLAND1163 for live weather information from the Falfield weather station

PARKINSON'SUK

CHANGE ATTITUDES. FIND A CURE. JOIN US.

For information and advice on Parkinson's, or for emotional support, call the Parkinson's UK helpline on 0808 800

0303

Our Thornbury support group meets at the Chantry Castle Street, Thornbury BS35 1HB on the last Friday of every month, 10am-12noon.

We offer a friendly welcome and the chance to chat with people with Parkinson's and their family carers in a relaxed and informal atmosphere.

We have quite a spread of group knowledge with varying levels of experience of the disease and the local support available from the NHS and Parkinson's UK.

So if you fancy a chat with people in a similar position to you, come and have a coffee and meet us.

For more information call Sally Derham on 01454 632910

or email sally.derham@btinternet.com

North Bristol Foodbank

The Thornbury outlet of the North Bristol Foodbank is based at Thornbury Baptist Church, Gillingstool, Thornbury, BS35 2EG, and is open every Friday afternoon from 2 - 4 pm.

For more information, please call 0117 9791399 or email info@northbristol.foodbank.org.uk or visit northbristol.foodbank.org.uk



If you feel able to contribute to the Foodbank stocks, here is our foodbank current shopping list.

URGENTLY NEEDED FOOD ITEMS:

LONG LIFE / UHT MILK, TINNED POTATOES, TINNED FRUIT, SPONGE PUDDINGS, WASH-ING-UP LIQUID, DEODORANT, CRISPS & OTH-ER SAVOURY SNACKS, SWEET TREATS

WE'VE GOT PLENTY OF: BAKED BEANS. TINNED SOUP, PASTA, TINNED TOMATOES

Thank you for your on-going support. Donations can be placed in the Thornbury basket in Tesco or left on the church steps on Fridays between 10.30am and 4pm.

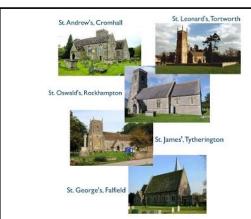
We always welcome donations and promise to use them to provide help to people in crisis. Occasionally we send food to other nearby foodbanks to support their work particularly if

they experience shortages. This ensures your donations go to help people wherever in the UK they are.

Please contact us if you have any questions about donating food.



'To see Christ in all and to show Christ to the World.'



SERVICES in September:

Our services continue "in person" at 10:30am

5th Tortworth

12th Cromhall and Falfield

19th Tytherington

26th Rockhampton Harvest Service

The Zoom services also continues at 6:30pm

There is also now a **Midweek** service on **THURSDAY September 23rd at 10am in St James' Church, Tytherington.**

REMEMBER and REFLECT Thursday 2nd September – all our churches will be open during the day.

Everyone is welcome to spend a few minutes in the quiet space to remember those who have died during the past months of the pandemic.

At 6:30pm in both St James', Tytherington, and also at St George's, Falfield, there will be a short service during which we will remember those most affected by the virus – those who have lost loved ones, those who have died and those who have been unable to share in farewell services because of the restrictions under which we have been living.

Do come if you would like – if you are unable to join us, please either email revsue@croftt.org.uk or leave the name of someone you would like us to remember in one of the churches.

BENEFICE PHONE: 01454 260096 E-MAIL ADDRESS: office@croftt.org.uk

CHAPLAINS:

Rev Sue: 01454 600674 or revsue@croftt.org.uk Rev. Frances: 01453 519099

revfrances@croftt.org.uk

Churchwardens:

Cromhall: Ann Greenhalgh 01454 294200
Rockhampton: Liz Cullimore 01454 412208
Falfield: Headley Pain 01454 269017
Tortworth: Hilary Legg 01454 413234
Tytherington: John Williams 01454 412515 or

Phil Coward 01454 281444



Serjeant or Sergeant?

Following the article in July's edition of 5 Alive on the gravestone to commemorate William Selman

5956 SERJIFAN I W. SELMAN GLOUKESTERSHIRF REGIMENT (OTH JUNE 1915 AGE 33

in Falfield churchyard, a query arose about the spelling of 'serjeant' in the inscription. This is the result of research into the question:

Serjeant with a 'j' is an old English spelling of the word, whilst the word with a 'g' is of French origin. Both come from the Latin 'serviens' - 'to serve' or 'servant'. During the 17th century, with French dominance of military doctrine across Europe, the 'g' spelling was formally adopted for the rank.

From the Commonwealth War Graves Commission:.

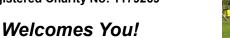
Concerning our spelling of Sergeant: "Serjeant" spelt with a 'j' is peculiar to the British and New Zealand armies and is used in connection with those services only. The British army did not change its spelling to "Sergeant" with a 'g' until November 1953. As we commemorate those who died during the two world wars only, the 'Serjeant' spelling is historically correct.

James Carpenter



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Email: simoncromhallchapel@gmail.com



Sunday Worship Services for September in the Chapel

Join us as we worship the Lord each Sunday, followed by refreshments.

5th (10.30am) Simon Carey 12th (10.30am) Simon Carey (6.30pm) Damon Ujvarosy (6.30pm) David Frampton (6.30pm) Simon Carey 25th (10.30am) Stuart Heap (6.30pm) Simon Carey

Wednesdays at 7.30pm

Bible Study and Prayer in the Chapel hall

Tuesday half hour of prayer (on zoom)

7th and 21st at 9.30am 14th and 28th at 7.30pm

All our sermons are available on the website: WWW.CROMHALLCHAPEL.ORG



Tytherington WI Centenary Celebration

Tytherington W.I. Is celebrating their 100th birthday one year late due to Covid, but are determined to enjoy their celebration in the village hall.

Over the years much memorabilia has been gathered, covering the whole village, this has now been sorted and we have lots of interesting pictures, documents and all sorts of everything Such a lot has happened to Tytherington over the years, do please join us for nibbles, find yourselves in the many photos, and meet up with old friends.

We look forward to seeing you at 7.30pm on Monday September 20th in the village hall.

EVERYONE welcome.





View 5 Alive online

Remember that 5 Alive is available online at www.falfield.org.uk and https://cromhall.com/cromhall/st-andrews-church



South Glos Citizens Advice Bureau Telephone Advice Service:

For advice contact us on 0808 278 7947

We offer free confidential, impartial and independent advice and information on a wide range of subjects.

Rogue Traders



Anyone suspecting that rogue traders are operating in their area is advised to contact Trading Standards on 0808 223 1133.

Thank y donate -page 6

Thank you all who continue to donate to our costs. Each 20 -page edition costs £425 to print, so we are always grateful

for donations as our funding depends on advertising and the generosity of our readers.

Regular donations may be made by standing order; we also accept payments by BACS. For further details please contact our Treasurer. Mr Geoff Crosthwaite

- telephone on 01454 294140
- Email: geoffrey.crosthwaite@outlook.com
- or write to him at The Barn, Townwell,
 Cromhall, Wotton-Under-Edge, GL12 8AQ.

Cheques, payable to **Benefice Newsletter**, may also be sent to our treasurer, Geoff Crosthwaite, The Barn, Townwell, Cromhall, W-U-E, GL12 8AQ or the editor.

Tytherington Churpel Society

There will be a General Meeting of the Churpel Society at **Tytherington Village Hall on Tuesday 7**th **September at 7:30 pm.**

This will be the first meeting since the lockdown, and we will discuss the possibility of future Village Shows

As new residents have joined the village, anyone with an interest in Performance or Backstage help will be welcome to attend.



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Heatherton Park Studios, Bradford on Tone, Taunton, TA4 1EU

*subject to eligibility

Tytherington Local History Group

An inaugural meeting to re-establish the group

will be held on

Friday 8th October 2021

in the Chapel Schoolroom at 7.30pm

Meg Wise

will give a talk on

The Railway from Thornbury to Yate



For further details ring Roger Howell on 01454 415035 or Valerie Niblett on 01454 417982

Back to reality for the Arts?!



There's no better way for the Armstrong Arts Group to relaunch the Thornbury Arts scene than with a spot of Jazz! The AAG has the perfect antidote to

Lockdown Blues – a sparkling evening of jazz classics from the Jenner Jazz Quartet, with Gareth Williams (flute and saxes), Sam Foster (keyboard), Jim Pimpernell (double bass) and Jim Sanders (drums).

The AAG is not currently raising funds for the



Armstrong Hall but aiming to keep some musical and theatrical events happening in the town. Any monies raised will be used to further this aim.

The jazz evening will take place (maintaining Covid rules) at the United Reformed Church on September 11th at 7.30pm.

The cost is £12 to include a drink. Tickets are available on 01454 850933.

An October event is "in the pipeline" and to follow, on the 27th November, we can all look forward to Michael Lunts' much awaited "Christmas Crackers" musical evening. Keep the date, details to come......

Money Back for Jazz!

Did you book tickets for the Jazz evening on 28th March 2020?

The event, supported by the Armstrong Arts Group, was cancelled thanks to Covid 19 but some people's ticket money is held and ready to be reimbursed at Thornbury Town Hall. This is now open and staff will be ready for you to collect your money.

There is a second chance for a Jazz evening. The Jenner Jazz Quartet is performing at the United Reformed Church at 7.30 on September 11th. Tickets are £12 and available on 01454 850933. Further details can be found in the local press and on the mythornbury website.

TYTHERINGTON BAPTIST CHURCH

PASTOR - BRIAN ALLEN {0117 9 793104}

SEPTEMBER SERVICES

Joint Service at Chapel - "Listen & act" [James Chapter 1 vv 17 - 17] Brian 5th

"The folly of favouritism" [James Chapter 2, vv 1 - 10] 12th ¶

19th "The folly of a loose tongue" {James Chapter 3 vv 1 - 12] Brian

26th HARVEST FESTIVAL SERVICE Brian

> ¶ SERVICE WILL INCLUDE HOLY COMMUNION N.B. ALL SERVICES COMMENCE AT 10:30 A.M. UNLESS OTHERWISE STATED

FOR FURTHER DETAILS OF ANY OF OUR SERVICES/ACTIVITIES, PLEASE CONTACT Brian on: 0117 9 793104 or e-mail: allenbroncksea@blueyonder.co.uk

Thornbury's Oldest Poppy Appeal Collector

The annual RBL Poppy Appeal is a very special time and Thornbury is very lucky to have a team of dedicated volunteer collectors. Edna, at age 97 years, is Thornbury's oldest poppy collector and has been involved for over 30 years.

When asked why she first joined the Royal British Legion, Edna said, "It is because of a very, very deep remembrance of my Dad Cyril, my husband Bert, and the War."

Edna's father, Cyril was in the Royal Navy in WW2 and served at Dunkirk, helping to evacuate the Allied soldiers off the beach. He also served on the Atlantic convoys and was sadly killed in the last few weeks of the war when his ship, HMS Ebor Wyke was torpedoed and sunk by a German U-boat.

Edna's husband, Bert, a regular soldier during WW2 was wounded at Ranville, France in 1944. Bert had a distinguished Army career in the Royal Artillery and was also (like Edna's father) at Dunkirk, where he made his own way along the coast having been given shelter by a French family. He later transferred to the Parachute Regiment and was honoured by the French Government for his participation in the liberation of Ranville, Normandy on D-Day.

After her marriage to Bert in 1946, Edna settled locally and joined the Staple Hill Branch of the RBL along with other members of her family. Following another move, Edna and Bert became members of the Thornbury Branch and gave a few hours of their time every November to help with the Poppy Appeal. Over 30 years later Edna still collects for the poppies and her help and support is very much valued by all the Thornbury RBL's members.

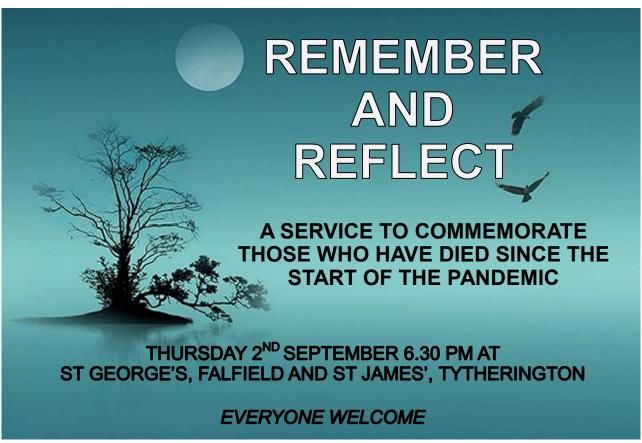
If you could spare a couple of hours in November to help with the Poppy Appeal, please phone

or text 07702 591324. Your help will be greatly appreciated.

Remember, You Don't Have To Be A Veteran To Support One.

The Royal British Legion has been supporting Service men and women, ex-serving personnel and their families since 1921.





Falfield Community Garden

Plans are afoot in Falfield to create a community garden. Those of you on Facebook may have seen the invitation to a planning meeting



at The Huntsman on Monday 26th July. In total 9 people met to discuss plans.

It was decided, as we can't expect to be productive this year,

the plan would be to clear the ground and grass seed the area. That way, we can have a blank canvas to plan what we as a community would like to develop for next year.

On 13th August a small group set to work on clearing the ground between the pub garden and the village green. Please do look out for future working parties.

Anyone interested in designing, working on or using the garden can contact Siân Hogg at sianhogg@gmx.com or 07986 699986.



ADVERTISEMENTS: To advertise in this publication please contact Kay Rea, The Bungalow, Moorslade, Falfield. Tel:01454 260364 Email kay.rea@btinternet.com



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ROCKHAMPTON PARISH COUNCIL

VILLAGE AUTUMN CLEAN UP EVENT

HELP KEEP OUR VILLAGE CLEAN AND TIDY





SAT 2nd OCTOBER 2021 10AM – 12 NOON

STARTING AT THE OLD CRICKET CLUB (THE COMMON)

BAGS, GLOVES AND LITTER-PICKERS WILL BE PROVIDED

Current Government guidelines will be followed during the litter pick, with all precautionary measures provided as necessary

To volunteer please contact
Cllr Tina Mitchell Skinner or the Parish
Clerk at rockhamptonpc@gmail.com
www.rockhamptonparishcouncil.co.uk

Falfield WI

our president Guilda Ludwell welcomed the members to our second picnic meeting at Green Farm. We met on 6th July 2021 for the first picnic meeting in the barn because of adverse weather conditions. Thanks went to Jenny Jones for providing the venue and to Jenny and Molly Wedlake for making tea and coffee available.

This second meeting held on the 10th August in the field at Green Farm. Guilda introduced Gill Leaper whose daughter runs Butterfly Space in Africa. The WI ladies had filled small bags with essential items for Butterfly Space and these were presented to Gill Leaper. She thanked the WI for all their contributions and said that the items would be forwarded to the project in Africa.

The entertainment was provided by "The Raptor Man" who introduced us to his birds: an Eagle Owl, a Barn Owl, two Harris Hawks, a Kestrel and a Peregrine Falcon. He gave us a very informative talk and lots of flying demonstrations.

We then adjourned to the Yurt and Marquee provided by Janet Buxton where the members enjoyed their picnic and were able to catch up on friends that they hadn't seen for some time.

Guilda ended the meeting by thanking Janet Buxton for providing the venue and reminding the members that **our next meeting is on 7**th **September 2021 at 7.30pm in Falfield Village Hall.** If anyone is interested to come along to a WI meeting they would be very welcome.

From Mistress Barton's Cookery Book c. 1680

'To make a rich frumenty for ten persons. Steep one pound of whole grains of wheat in water overnight, and then boil the steeped grains in one pint of milk until the whole be soft. Add thereto raisins and sultanas, honey, a nutmeg freshly grated, a little cinnamon, brandy and cream: and serve it forth hot or cold.'

Tytherington Parish Council

Now that the community is slowly getting back to normal Tytherington Parish Council held their first open meeting since February 2020 in the Village Hall on 26th July. The Parish Council would like to thank everyone who helped so much during the past eighteen months in whatever capacity to make life easier for residents in the village.

VILLAGE STORE

The Village Store is complete and provides storage facilities not only for the village marquee, tables and chairs, but also for equipment of all organisations in the Parish.

SPEED MONITORING

At the meeting in July the Parish Council received a report on the speed monitoring through the village. Unfortunately, although the report showed that cars do speed through the village, South Gloucestershire will not make any recommendations as there have not been any accidents in the area. Therefore the Parish Council have decided to purchase a VAS (Vehicle Activated Speed System) with the smiley/sad face and speed flashing system. This will be placed in various locations around the village in the hope that it will slow down the speeding through the village. There were a lot of requests to slow down the speeding cars in the consultation that went out last year and the Speedwatch Team in Tytherington do a splendid job in monitoring the cars. However, they are short of help, so if anyone can spare some time to join Speedwatch in Tytherington please contact the clerk@tytheringtonpc.org.uk

CHILDREN'S SPORT & PLAY EQUIPMENT

The village have been awarded S106 money from the Walnut Field development for children's sport and play equipment. The amounts so far are Jubilee field £25,696 equipment, £27109 for maintenance and Hardwicke Field £45,000 equipment, £14,000 maintenance and £800 Project Management fees. Three contractors have submitted various options and the PC will be consulting with residents in the next month or two. Unfortunately there is a delay with this project as Wessex Water are going to lay underground pipes through the Jubilee Field to connect the Stowell Hill Road developments with existing utilities and this will mean that the field will be out of commission in certain areas for a period of at least 4 weeks and certain pieces of equipment will be removed and later replaced. A 5 metre stretch of the hedge at the back of the field will also be taken out.

COUNCIL WEBSITE

The PC are also looking to upgrade the Council's web site to make it more accessible and the various plans will be available on the web site shortly.

ASH DIE BACK

Some of the ash trees have been removed around the Hardwicke Field area and the PC have put together a 5 year plan of removal, which is also available on the web site.

COMMUNITY BENEFIT

Community Benefit is now available for organisations based in Tytherington. Applications should be sent to the clerk by the 31st October and decisions will be made at the November Parish Council Meeting. Please refer to the website Policies & Procedures for the necessary details.

www.tytheringtonpc.org.uk

Memories of Eastwood



This photograph shows a group of cleaning staff at Eastwood Park Civil Defence School in the 1950s. As a government establishment from the 1930s until 1968, Eastwood drew a large number of staff from the local villages.

From left to right: Margaret Paxford (née Smith), Brenda Longman, Joyce Vizard (née Sansum), Kath Boyce, Barbara Clark



Rockhampton Village Hall Management Committee

Now fully re-opened (in accordance with Government guide-

lines).

Complete with up-graded heating and new internal decoration. To book the hall for group meetings, events or a party, contact: bookings@rockhamptonvillagehall.com

Falfield Parish Council

The September meeting of the Parish Council has been moved from its normal 3rd Tuesday in the month to **Wednesday 8th September**. This is to allow the Parish Council to discuss its response to the South Gloucestershire Council's Greener Spaces Strategy consultation which closes on 12th September.

Now that Government Covid-19 restrictions have been relaxed the Parish Council are organising an Autumn Litter Pick, this will take place on Saturday 18th September between 9am and 12 noon. Anyone wishing to join in should go along to the Village Hall where they will be given the required equipment.

Following pressure from the Parish Council major patching work has now been completed by South Gloucestershire Highways on the A38 ahead of a surface dressing programme which will take place during the summer of 2022.

Also following numerous complaints made to South Gloucestershire Highways over the last two to three years by the Parish Council and our Ward Councillor over the very poor condition of Moorslade Lane, we have now been advised that resurfacing work should commence in September 2021.

parish.clerk@falfieldparishcouncil.org.uk www.falfieldparishcouncil.org.uk

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FALFIELD PARISH COUNCIL

THE AUTUMN LITTER PICK

(Sponsored by South Glos Council)



SATURDAY 18th SEPTEMBER 2021 9.30am – 12.30pm

Please come along and help clean up the village.

Meet at **Falfield Village Hall** at 9.30am Black sacks, recycling sacks gloves and litter pickers are provided. Please wear suitable clothing.

All ages welcome but children need to be accompanied by an adult.

For more details, please contact James Carpenter (Clerk) on 07484 102588 or email parish.clerk@falfieldparishcouncil.org.uk



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TYTHERINGTON WI

We are delighted to announce that last Monday we held our first meeting for 17 months which was wonderful.

Sadly our membership has now reduced to 14, partly because five members have sadly died in recent years, two since our last meeting, though not to Covid-19. However, we are a cheery lot and really enjoyed our reunion. 2020 should have been filled with centenary celebrations, so we're calling this year our "Centenary Year + 1".

In recognition of Tytherington WI's longevity, we've donated two benches to the village, both with plaques, and they are now in situ in the village hall garden. We hope the villagers will enjoy them throughout the coming years.



It was lovely to see that all fourteen of us were present and after the initial welcome we paid tribute to our 'lost' members by reading out their names followed by a one minute silence. This was followed by discussions on how, covid permitting, we follow through with plans for the remainder of the year.

Our meeting on 20th SEPTEMBER will be our CENTENARY NIGHT, commencing 7.30 pm, to celebrate our 101st Birthday! There will be a lot of memorabilia on show, much of it encompassing the village's history along with a special Celebration cake and nibbles.

We would like to invite all past members to this event and also any local residents who are interested in TYTHERINGTON's history will also be welcome.

If any reader is in possession of documents, photographs, etc., which are relevant to this occasion and are happy to loan them for this event, please contact Valerie Vizard or Pam Shipp on (01454) 852720 or 417833 respectively.



ROCKHAMPTON PARISH COUNCIL

Are inviting you to

an awareness session

on the use of the Village Defibrillator Saturday 4th September at 10.00 am

At the Cricket Pavilion on the Common





Everyone Welcome

This session is not expected to last more than one hour.

Apple, Marrow and Ginger Chutney

Ingredients:

- 5lb of sweet red apples (Jonathans are
- 1½ lb of marrow or large courgettes
- 2 cooking apples
- 2 lemons
- 6 lumps of glacé ginger
- 1 rounded tsp of powdered ginger
- 1 level tsp cinnamon & two sticks of cin-
- 1 level tsp mixed Christmas spices
- 1 tbsp concentrated lemon juice
- Two packets of iam sugar with pectin
- A little extra granulated sugar, if needed (use 1 pint of juice to 1lb of sugar)

Method:

- Slice the apples removing the stalks and any damaged bits and keeping the skins on.
- Skin and remove the seeds of the marrow and cut into small pieces.
- Place the apples and marrow into a large preserving pan and add the grated peel of the lemons.
- Add the juice of the lemons and the concentrated lemon juice together with the spices and then finely sliced glace ginger. Mix well.
- Completely cover the mixture with water and bring to the boil. Simmer gently until soft.
- Press with a potato masher to a smooth consistency.
- Using a very large bowl or pan, spread a jelly bag over it and carefully transfer the fruit pulp into it.
- Draw the string up and suspend it over the rinsed preserving pan. (This can be done over an upturned stool if you have not got a suitable hanging point in the kitchen).
- Leave to drip overnight. When the pulp has drained, add 1 pound of sugar for every pint of jam liquid and bring it to a full rolling boil. Test for setting on a cold plate. Leave it for a few minutes and if it wrinkles thickly when pushed with a finger, it is ready to pour into sterilised heated jam jars.
- Seal with wax disks and lids.

Gloucestershire Historic Churches Trust are holding their Ride + Stride event on Saturday the 11th of September. The event



is a highlight in their 40th annicelebrations and the Trust

has high hopes it will be a record breaking year of fundraising.

The annual event which has been hugely successful in recent years sees cyclists, walkers and horse riders raising money through being sponsored to visit as many churches and chapels in the area as possible throughout the day. The money raised by Ride+Stride is then shared between Gloucestershire Historic Churches Trust and local churches of all Christian denominations in Gloucestershire and North Bristol.

Many churches in the area will be open on the day providing refreshments and allowing visitors to look around.

One of the must-see events on the day is the ringing of the newly refurbished bells at St

John the Evangelist, Elkstone. The ringers will be attempting to perform a full peal; a marathon of 5040 continuous changes



taking around 3 hours to complete! The bells were reinstalled this year after being restored with the help of a grant of £5,000 from the Trust.

Colin Senior. Chairman of the Gloucestershire Historic Churches Trust said, "It's a great event for people who want to get out and enjoy the fine historic buildings the area has to offer while fundraising to ensure they are here to be enjoyed for generations to come"

GHCT has provided grants totalling over 2 million pounds in the 40 years since it began. The money raised by the Trust goes towards vital repairs and renovations that help to keep chapels, churches and meeting houses alive as active centres of community life and landmarks of the wonderful architectural heritage in the area.

For information on how to take part in this year's Ride + Stride, visit the GHCT website: https://ghct.org.uk/ride-and-stride

Your magazine: How to send copy or adverts for inclusion in '5 Alive':

NEWS COPY:

Where?

News items should be sent to Kay Rea, The Bungalow, Moorslade, Falfield, GL12 8DJ Tel. 01454 260364
 Email: kay.rea@btinternet.com

When?

 Copy date is strictly before midnight on the 19th of each month (but the earlier we receive material the better).

In what form?

- Please submit all copy by e-mail (attachments should be in **Word or Publisher** format, **not** PDF). (We reserve the right of the editor to edit, and you may find that small changes are made for the sake of space etc)
- If you want to submit an advertising poster or similar, black and white is preferable as it reproduces more clearly.
- Charities wishing to publicise events should quote their charity number.

ADVERTISING:

- The deadline for inclusion of advertising in 5 Alive is the 12th of the month preceding publication.
- Enquiries about advertising should be directed to Kay Rea, The Bungalow, Moorslade, Falfield, Nr Wottonunder-Edge, Glos, GL12 8DJ. Tel. 01454 260364 Email: kay.rea@btinternet.com

Charges per issue are as follows:

	Business Rates	Rates for businesses within the benefice
Full page:	£56	£40
Half page:	£28	£20
Quarter page:	£18	£15
Eighth of page:	£10	£8

There is a 10% discount for advertisers paying for a year's advertising in advance and 5% for those paying for 6 months' advertising in advance

Cheques should be made out to 'Benefice Newsletter' and sent to Kay Rea (as above).

