

5 Villages VA Live



Volume 15 Issue 1

January 2018



WELCOME TO 2018!

Is it possible that another year has sped past me? Yes, I am a year older, probably not wiser but perhaps more willing to understand, though not always to accept, that I cannot change the world as I was convinced we were going to do fifty something years ago. We still have the same troubles at home and around the world; we still have refugee camps, children being brought up there and knowing no other life; we still have poverty due to the greed of others; we still have for the moment a glorious world we are doing our best to pollute on so many levels; I could go on but that one word 'wisdom' seems to be in as short supply as it ever was.

Yet, we have just celebrated another Christmas, when we sang about this wonderful baby who was to save the world; maybe we gave presents in much the same way as the Shepherds and Wise Men did, sharing what was important to them. I am not sure they said, "That will do for so and so," and hastily wrapped a quite unsuitable gift for someone whilst dashing about, being too busy to think about the true significance. No, the Shepherds left their flocks and the Wise Men travelled maybe hundreds of difficult miles - or am I being harsh? Did we all think about what the Christmas season was truly about - great hope and joy for the future, just as much now as over two thousand years ago?

I grant it is very difficult in the media frenzy to just stop, pause and think about that message and then consider what we could do in 2018 to make just an infinitesimal change in our lives to which brings a real difference to someone else. New Year resolutions are generally useless - or will 2018 be the year we really do something to improve the world around us? We can only try.

**EACH ONE OF US CAN
MAKE A DIFFERENCE.
TOGETHER WE MAKE
CHANGE.**

I have a postcard with a wonderful picture of a turkey with the wording, "I could live a better life if I had a better mind and a better body!" - I often look at it and think that we could almost all have a better body if we thought about our diet and exercise routine. A better mind? - now that is a more difficult.



Perhaps just thinking a bit more deeply about the world around us and trying to do just one thing every day to make it better, even if it is only making time to chat with the person on the checkout in the supermarket; are they having a good day or are the customers driving them crazy? (I read that only 20% of customers are willing to talk to checkout staff.) Would that lead to a better life? Maybe. Who knows?

On a different note, I would not like 2018 to start without a formal welcome to Revd. Sue and Revd. Frances who are to be installed as our joint Chaplains on 7th January (if you are reading this before then you are all very welcome to attend the service, at which Bishop Rachel is to preside). We are so grateful for their pastoral care and the joy they bring to our services, despite some difficult times reaching this exciting new style of ministry. They have already become an established and much respected part of our Benefice.

We must continue to support them in every possible way, however, we must also remember they are both officially retired, but we are blest that they both felt compelled to put themselves forward to help our Benefice sustain the quality of church life we have come to take for granted over the past years. Please remember them in your prayers as they prepare to take on these duties.

Happy 2018!

Hilary Legg

There's always
a reason to
smile ... find it!



The CRoFTT Benefice
 'To see Christ in all and show Christ to the world'
 www.croftt.org.uk



You are invited to join us at any of the services taking place in the benefice.

Midweek Eucharists in the Benefice
 There will normally be a said Eucharist at Tytherington on the first Thursday at 9.30am and on the fourth Tuesday at 10.30am, alternating between Falfield and Tortworth, followed by coffee either at The Huntsman or The Farmers' Table. Please double check in the weekly pewsheet.

Thursday 4th
 9.30am Said Holy Communion at Tytherington



SUNDAY 7TH EPIPHANY 1
10.30AM
TORTWORTH
UNITED BENEFICE
HOLY COMMUNION SERVICE
 with Bishop Rachel and Archdeacon Jackie



Wednesday 10th
 7.00pm 'Embrace' at Falfield

Thursday 11th
Learn & Explore 10.30am at Falfield Village Hall followed by soup & roll lunch. *Everyone welcome.*



SUNDAY 14TH BAPTISM OF CHRIST
 9.30am Cromhall Holy Communion
 11.15am Falfield Holy Communion
 11.15am Tortworth Morning Prayer
 6.00pm Tytherington Evensong

SUNDAY 21ST EPIPHANY 3
 9.30am Cromhall Morning Prayer
 11.15am Falfield Morning Prayer
 11.15am Tortworth Holy Communion
 9.30am Tytherington Holy Communion

Tuesday 23rd
 10.30am Said Holy Communion at Tortworth followed by coffee at 'The Farmers' Table'

SUNDAY 28TH EPIPHANY 4
 9.30am Cromhall Holy Communion
 9.30am Rockhampton Holy Communion (Said)
 11.00am Falfield Holy Communion
 11.15am Tortworth Holy Communion

SUNDAY 4TH FEBRUARY 2ND BEFORE LENT
 9.30am Cromhall Holy Communion
 11.15am Falfield Morning Prayer
 11.15am Tortworth Holy Communion
11.00am Tytherington Annual Covenant Service with Baptists at St James'



World Leprosy Sunday 2018

From 1st January to 30th April 2018, churches across the country are holding their own World Leprosy Sunday. We shall be marking World Leprosy Day in the benefice on Sunday 11th February with a visit to Tortworth from Trevor Grant, TLM's Regional Manager.



BENEFICE PHONE: 01454 260096
E-MAIL ADDRESS: office@croftt.org.uk
or email Jan Leach on jan@leach13.plus.com
Churchwardens:
 Cromhall: Ann Greenhalgh 01454 294200
 Rockhampton: Liz Cullimore 01454 412208
 Falfield: Headley Pain 01454 269017
 Tortworth: Hilary Legg 01454 413234
 Tytherington: John Williams 01454 412515 or Phil Coward 01454 281444

Please contact the Churchwardens (details on page 2) for matters concerning funerals and email the Benefice Office for enquiries about weddings and baptisms.

For all Benefice Business
Please ring **01454 260096**
and leave a message
or email **office@crofft.org.uk**

The office will usually be open from 10.00am until 1:00pm on Fridays when messages and emails will be dealt with.



If you would like someone to bring Holy Communion to your home please ring 01454 260096 and leave a message. We are more than happy to do this.

- On the first Thursday of the month Tytherington are holding a Eucharist at 9.30am but please check by ringing 01454 417445
- On the fourth Tuesday at 10.30am there will be a Eucharist alternating between Falfield and Tortworth, followed by coffee either at The Huntsman or The Farmers' Table.

Visit the benefice website at www.crofft.org.uk to see the pewsheet or make a prayer request.

Please let the Churchwardens know if you wish us to keep someone in our prayers or use the prayer tree at St Leonard's.

Visiting



Visiting is part of the Church's Ministry. If you would like a visit from the church, please call the Benefice Office and we will do our best to arrange it.

If you are going into or in hospital... You can help to make sure that the church team can respond as you would like us to when you are ill.

It's important that if you are admitted to hospital, you do three things:-

1. Make sure someone tells one of the ministry team that you are going into hospital – ask them to pass on the message as appropriate.
2. Make it plain to the hospital staff whether (or not!) you would like a visit. This means that when someone rings up, they won't have to spend time saying 'hang on, 'I'll just ask him/her...'
3. Make it plain what sort of visit you would like: would you prefer a friend from the church or one of the visiting team or would you particularly like a clergy visit? If you want to be certain of a private, one to one chat, don't be afraid to ask the hospital staff if they will allow your minister to come outside normal visiting hours, so that they don't take up precious time and space from your family.



Each 20-page edition costs £334 to print, so we are always grateful for donations as our funding depends on advertising and the generosity of our readers.

One of the ways of making regular donations is by standing order. If you would like to make a payment using this method please contact our Treasurer, Mr Geoff Crosthwaite

- by telephone on 01454 294140
- by email at: geoffrey.crosthwaite@tesco.net
- or write to him at The Barn, Townwell, Cromhall, Wotton-Under-Edge, GL12 8AQ.

Cheques, payable to **Benefice Newsletter**, may also be sent to our treasurer, Geoff Crosthwaite, The Barn, Townwell, Cromhall, W-U-E, GL12 8AQ or the editor.



If you wish to use the parish church for an event, you should always check with the Churchwarden before making any arrangements, as services may be taking place of which you are unaware.

The Tytherington Churpels will be presenting their annual pantomime:

Sing A Song Of Sixpence *by Jilly McNeil*



on March 1st, 2nd & 3rd
at 7.30 pm
with a Matinee on
Saturday 3rd at 2.30 pm
at Tytherington Village
Hall



**LEARN & EXPLORE
THURSDAY
11TH JANUARY**

Our January session will be looking at *Blue: A Memoir - Keeping the Peace while Falling to Pieces* by John Sutherland. Published by Weidenfeld & Nicolson. A senior Metropolitan police officer for more than 20 years, Sutherland suffered a breakdown which led him to 'lose his religion but find his faith'. It raises questions about how those working in frontline emergency services deal with the trauma they witness on a daily basis.

At around 12 noon there will be home-made soup and a roll (with a £5 donation to charity).

Everyone is very welcome to join us for either or both of these; it would make it easier for catering if you would let us know if you would like to join us for lunch. Please ring 01454 260364.



**Octopus Drama presents its
Pantomime for 2018: Peter Pan**

**Christ the King Church Hall,
Thornbury**

10th - 12th January at 7.30pm

**with additional performances on Saturday
13th at 11.00am and 2.30pm**

Come and join Wendy, Michael and John as they are whisked away by Peter Pan to Neverland, where they meet pixies, Tigerlily and even some lost visitors from Wonderland, all the while being pursued by the dreaded Captain Hook and his band of pirates. Hook will stop at nothing until he gets his revenge on Peter Pan and has uncovered the secret treasure of Neverland. Who will win in the final confrontation between Peter Pan and Hook and what of the Crocodile and its relentless tick-tock tick-tock?



Tickets available from Monday 11th December from Chappell & Matthews in Thornbury High Street, Karen on 01454 413783 or you can order them from the web site www.octopus-thornbury.co.uk.

**Rogue Traders and Licensing
Contact Details**

If you think you have been the victim of a scam or rogue trader, please contact Trading Standards Citizens Advice Consumer Service: Mon to Fri 9.00 – 17.00 Ring 03454 04 05 06

**Wriggle Jigglers
Young Folk Concert
Sun 7th January**

Rockhampton Village Hall 2.30pm



This exciting young group from Thornbury and Rockhampton have been making a name for themselves at Sidmouth and South Downs Folk Festivals and as finalists in the National Festival of Music for

Youth. They have also raised £2,017 this year for Warchild charity by performing and busking.

They will be playing a mixture of Traditional Irish folk and some of their own compositions on fiddles, whistles, guitar, double bass, cajon and vocals and the hour-long performance will be followed by cream tea.

Tickets £6 on the door, including tea and cake. Proceeds to Warchild charity. Hope to see you there! Please call/text for 07973 796508 more information.

**FALFIELD VILLAGE HALL MANAGEMENT
COMMITTEE
(Registered Charity No. 1041147)**



**ANNUAL QUIZ NIGHT
SAT 13th JANUARY 2018**

7.30PM

**FALFIELD VILLAGE
HALL**

£12 PER TABLE OF 4

**TO BOOK A TABLE RING
01454 414856**

**Bring your own alcoholic drinks
Soft drinks available**

Proceeds to Falfield Village Hall

FALFIELD VILLAGE HALL BOOKINGS

To book the village hall, please email falfieldvh@gmail.com or visit the Falfield village website www.falfield.org.uk to complete a booking form online.



Thornbury Citizens Advice Bureau

Contact Details: The Old Police Station, 35 High Street, Thornbury, BS35 2AR



Telephone Advice Service:
03444 111 444

Mon to Fri 10.00 - 14.00

Drop In and Appointments:
Tue & Thurs 10.00 – 13.00

Need a break?

Townwell Tots

Why not join us at Cromhall Chapel Hall - a free 'stay and play' where parents/carers can relax and chat whilst the children play.



Toys and refreshments available. Short singing time and bible story to conclude.

10.15am to 12 noon
Thurs 11th and Thurs 25th January
www.cromhallchapel.org

NB Parent/carers responsible for their children at all times.

StoryTime and RhymeTime for babies and pre-schoolers at Thornbury Library

Storytime: Mondays 2.15pm – 2.45pm.

Rhymetime: Fridays 10.30am-11.00am (term-time only).

Most suitable for ages 0-4 years, all activities free of charge, no booking required.

5 Alive online

For those wishing to access 5 Alive online from a smart phone or tablet the QR code is now available and will give access to the Falfield website.



FALFIELD WEATHER RECORDS FOR NOVEMBER 2017

	High	Low	Average
Temp	15.8 °C	- 1.8 °C	13.1 °C
Dew Point	13.7 °C	- 5.1 °C	5.7 °C
Humidity	99.0 %	54.0 %	88.1 %
Precipitation	62.2 mm	Year to Date	653.6 mm
Wettest Day	13.0 mm on Saturday 4th November		
Wind Speed	27.4 km/h	--	1.3 km/h
Wind Gust	44.2 km/h		
Wind direction	SSW		
Pressure	1032.7 hPa	984.6 hPa	

Go to www.wunderground.com/personal-weather-station/dashboard?ID=IENGLAND1163 for live weather information from the Falfield weather station. For the highs and lows during 2016 go to: www.falfield.org.uk/weather.html

Personal Resilience and Stress Management Training

Wednesday 31st January 2018

10am - 12.30pm

Council Chamber Thornbury Town Hall, BS35 2AR

This training session will provide helpful tips to help you feel less stressed and techniques designed to help you feel more relaxed in all aspects of life.

The training covers the following areas:

- Identifying the causes of stress
- How to increase your personal resilience
- A range of strategies and approaches
- Mindfulness
- Imagery and positive affirmations
- It is suitable for all ages and for anyone experiencing stress.

Please contact Kim Webb on mail@volunteer-thornbury.co.uk for further information or to make a booking.

*This training has been supported by a grant from the **Magnox Socio-economic Scheme.***



TYTHERINGTON BAPTIST CHURCH

FOR FURTHER DETAILS OF ANY OF OUR SERVICES/ACTIVITIES, PLEASE CONTACT
Mr Brian Allen (Pastor)

Contact Number: - 01179 793104

Email:- allenbroncksea@blueyonder.co.uk

SEE ALSO THE CHURCH WEBSITE: www.tytheringtonbaptistchurch.org

7th	“Something New” [Isaiah 43:18 – 21]*	Brian
14th	“Growing In Unity” [Ephesians 4:1 – 16]†*	Brian
21st	“Growing In The Light” [Ephesians 4:17 - 32]*	Brian
28th	“Growing In The Power Of God [Ephesians 6:10 – 18]*	Brian

* SERVICE WILL INCLUDE SUNDAY SCHOOL FOR OUR YOUNGER PEOPLE

† SERVICE WILL INCLUDE HOLY COMMUNION

N.B. ALL SERVICES COMMENCE AT 11:00 A.M. UNLESS OTHERWISE STATED

Everyone is welcome to join us.

1st Falfield (St George’s) Scout Group

SCOUT NEWS...



Falfield Scout Joe is going to the 24th World Scout Jamboree 2019 in the USA



We are delighted to announce that one of our Scouts, Joe Parker, after successfully taking part in a rigorous and competitive selection procedure, has been chosen to attend the 24th World Scout Jamboree.

The 24th World Scout Jamboree will be held in West Virginia, USA and will be an adventure beyond anything you can imagine. It will be hosted jointly between Boy Scouts of America, Scouts Canada and the Scout Association of Mexico. The Jamboree will take place on 22nd July – 2nd August 2019 at The Summit Bechtel Family National Scout Reserve in West Virginia, USA.

Joe is over the moon to have been selected and he is looking forward to meeting the other members of the Avon contingent; during the next year they will be doing lots of activities together in preparation for their big adventure. Joe will also be busy fund-raising as the cost to attend the WSJ is £3,495.00!

The exterior of our Scout Hall has been painted by staff from Direct Line Insurance Group, who did it as their community project



Fotoula Hilton, who is our Group Secretary and has a daughter in the Scouts, arranged for her colleagues to swop their office suits, lap tops and mobiles for scruff wear, paint rollers and brushes, to spend a day cleaning and painting the exterior of our Scout Hall, which was a job long overdue and what a fantastic job they did.



A big thank you to Fotoula and her colleagues for choosing us as their community project.



TYTHERINGTON VILLAGE HALL

Charity Reg. No. 1044137

Correspondence Address: Callicroft, Stowell Hill
Road, Tytherington, Wotton-under-Edge,
GL12 8UH Tel.01454 417517



At the start of this 2018, the Hall Committee would like to hear from villagers willing to join the Village Hall management committee. Vacancies have arisen because we do have members due to leave the committee.

The Village Hall is run by a committee of volunteers who were responsible for the purchase of the old School building, the renovation to a high standard and the construction of the Annex.

The Hall is used by many village organisations and also some outside groups.

With the advent new families due to come to the village they will no doubt wish to make use of the Hall facilities. No doubt initially for the pre-school then children's parties, coming-of-age, celebrations, weddings, significant birthday parties and eventually funeral teas.

Without our volunteers none of these services would be available. So please consider whether you could help!



Places available for reception in September, and in all year groups

Tortworth VC Primary School takes reception to Year 6 children from Tortworth, Falfield and the surrounding area and is very fortunate to have extensive grounds which now include a fantastic 'Wild Wood' area as an outside classroom, an exciting adventure playground and a MUGA for all weather ball games. We also provide breakfast and after school club, available from 7.30am until 5.30pm (subject to certain conditions).

Ofsted rated us 'Good' in April 2015 and we are continuing to improve both levels of teaching and learning throughout the school to give the best possible start in life to our children.

Come and see for yourself and let us show you around!

Contact the school on 01454 260510
or office@tortworthprimaryschool.org.uk
[Visit our web site:](http://www.tortworthprimaryschool.org.uk)
www.tortworthprimaryschool.org.uk

CRAFT & CHAT DROP-IN FOR ADULTS AT THORNBURY LIBRARY ON THE FIRST THURSDAY EVERY MONTH 2pm - 4pm

Calling all knitters, crocheters, and all people who love to make things...

A chance for people who love crafting to get together and share inspiration. No charge and no booking required. Just turn up and bring your craft project with you. New faces welcome!



ASHWORTHY CATTERY

ASHWORTHY FARM, TYTHERINGTON,

NR WOTTON-UNDER-EDGE, GLOS GL12 8QD

We are a family run business dedicated to providing the perfect environment for your cats to stay.

Set in a quiet, secluded countryside residence, this newly-built cattery has been constructed to the highest standards and is fully licensed by South Gloucestershire Council.

For all enquires please contact Nicola on 07799805996

Introducing Brain Tumour Support



Brain Tumour Support, a charity based in Thornbury, seeks to ensure that no-one feels alone when facing a brain tumour diagnosis. Their mission is to support patients, carers, friends and families by providing specialist information, guidance and emotional support, for as long as it is needed.

The support offered is designed around each individual, so responds to what patients and families have said they need. There are monthly support groups in local areas from Cornwall to Staffordshire, which prove to be a lifeline for many. However groups don't suit everyone and support is also offered one-to-one, online and through specialist counselling. This personalised approach really can transform lives.

The charity receives no government or statutory funding, relying 100% on voluntary donations and fundraising, and it needs to raise at least £350,000 annually to sustain its current level of service.

However, giving is not only about money. Volunteering time is also essential and plays a vital role across the organisation. Pictured are two of the valued volunteers who help to run fundraising stalls at various events in the local community. Such support is invaluable to boost the fundraising needed to maintain, and hopefully expand, the support services which are in ever-growing demand.



Are you looking for a new and worthwhile challenge this January? If you are interested in volunteering with Brain Tumour Support, please contact Rhi Ashford, Volunteer Coordinator on 01454 414355 or email rhi@braintumoursupport.co.uk. We look forward to welcoming new volunteers into our team.

Cardiac Risk in the Young (CRY)

Registered Charity No. 1050845.



Rita Ponting thanks everyone who supported the coffee morning on 2nd December to raise funds for CRY.

You all helped to raise £264.00 which will help to raise awareness of undiagnosed heart conditions in the young.



THANK YOU so much to all who supported our Christmas Quiz on 1st December - £300 pounds will be split between Alzheimer's Society and Alzheimer's Research UK. Fantastic!

Congratulations to the Newton Wonders for the win; to the Unholy Rollers for being good sports and to everyone in between! (At the final count only seven points separated the first seven teams.)
Louise and David.

HANDYMAN SERVICES

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Sash Window Repairs

Graham Pedley GL12 8LQ

01454 260372

07891 482286

clenet02@yahoo.co.uk



CROMHALL VILLAGE SHOP AND POST OFFICE 01454 299 262

IT'S ALL ABOUT COMMUNITY – ISN'T IT?

Can you imagine what Cromhall would be like without a Village shop and Post Office?

Well about 20 years ago the local residents found themselves in exactly that situation. After a few months a number of people got together to see how practical it would be to open their own Community Shop and Post Office. As a result with the support of the whole village one of the first community shops in the UK opened in a portacabin. Things have moved on since then and we now have a purpose built shop in Townwell. With on-line shopping and now most people mobile you may think that we are no longer relevant in today's society but I think you would be wrong. Our shop still has much to offer the community.

There are five ways that you can support your local Village Shop & Post Office:

- Become a regular customer. If you have never set foot in the shop then come along and have a look, you may be surprised. If every household spent £5 per week then our viability would be guaranteed.
- Join the team as a volunteer. You can work anything from 2 – 4.5 hours per week either as a regular shift or on an ad hoc basis supporting the shop during holiday periods. It is the quickest way to meet your neighbours. You do not have to be retired and we welcome any age because without the support of the volunteers the shop could not go forward.
- Become a member of the association for a one of payment of £10. This entitles you to money off vouchers to spend during the year.
- Join the shop committee. You do not have to work in the shop to be a member.
- Perhaps a fresh pair of eyes could identify areas where we could improve.
- We will need a new chairman at the end of 2018. Once again you do not have to work in the shop. Could you be that person to take us forward into 2019? If you have Chair experience in any field perhaps you could help us. Even if you do not your enthusiasm would be welcome.

When the original shop was opened in the portacabin all those years ago life was so different and the demographics of the village has changed so much. There is still a need for shops like ours but they can only thrive with your support. You may not need us now but you might in the future, so please support us and make sure we are here for you.

Cromhall Village Shop run by the Community for the Community



Falfield WI News

Our new president, Guilda Ludwell, presided at the December meeting in Falfield Village Hall, which had been beautifully decorated for Christmas. It was well attended and we discussed the arrangements for various seasonal activities in the area. The WI New Year Party is to be on 9th January 2018.

Having concluded the business, we were entertained by Phil Collins, who is an expert at 'Punch and Judy'. He explained the history – it started in Italy – and how the characters have changed over the years. Of course, this necessitated some audience participation!! Having brought all his gear, he finished with a traditional show – which was hilarious but showed how skilful he is.

We were reminded to complete our voting slips for the Annual Resolutions and that the annual WI membership fee of £41 is now due.

Next Meeting: New Year Party on 9th January.

Wanted!



A reliable hard working person who is able to commit to 2 hours cleaning, 5 nights a week at a small friendly village school. (St. Andrew's Cromhall).

Part of this role will also include being responsible for locking the school up every night.

If you feel you have the energy and the time to do this job please contact the school on 01454 294498 or email Standrewsprimary@sgmail.org.uk to discuss.

As the school is committed to Safeguarding you will be required to have a full DBS clearance.

Thank you to everyone who contributed to the success of this year's Nativity in the Barn. Once again the children were able to experience the Christmas story in an authentic setting - even the sheep came in on cue. The collection for the Salvation Army raised £40.

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Falfield, Glos



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www.ovenclean.com

Young Musicians' Afternoon Concert 20th January 2018

3.00pm in the Cossham Hall, Thornbury

A chance to celebrate the talent of a dedicated group of instrumentalists aged 11 to 18, to enjoy a varied selection of solo pieces and ensembles including strings, piano, woodwind and brass, organised and introduced by well-known local professional musician Michael Lunts.

Tea & cakes in the interval

Tickets £7.50 (£5 for children under 16) to include interval refreshments from the Town Hall or phone 01454 412272

All proceeds from the event will go to the Armstrong Hall Redevelopment Project (Phase 1).



Mulberry Steiner Kindergarten at Cromhall Village Hall

Early years education and care in a small mixed age group from rising 2-6 years.

We are open 40 weeks Mon to Fri 9am-3pm
Plus two weeks in August

We prepare home cooked organic vegetarian food and accommodate special dietary needs.

There is a secure outside play area. Whatever the weather wind, rain or sunshine we go out every session & provide wet weather gear.

Our practitioners are Graduates, fully qualified with over 19 years experience.

Mulberry Tree is Ofsted registered and a Charity (Number 1099561). It is member of the Steiner Waldorf Schools Fellowship. Characteristics of Steiner care provision for children under seven years are:

- A regular, predictable, unhurried rhythm that helps children feel secure
- A calm, home-like atmosphere where natural materials predominate, including simple open-ended materials and toys for play
- Carers providing high-quality conscious care
- Plenty of meaningful "home from home" domestic and artistic activities undertaken by the adult carers which the children will freely imitate and take into their play
- Time and space for child-initiated play indoors and outdoors
- Plenty of singing, movement, puppetry, storytelling, creativity and imagination
- Seasonal and other special festivals

For further information, availability of spaces or to request a visit please ring 01454 299167 during working hours or 01285831555 after hours.

ST ANDREW'S 100 CLUB NOVEMBER WINNERS



NO.84 MRS SHARON CANN £30
NO.74 MRS ROS NIEBOER £20
NO.77 MRS SUE WILLIAMS £10

This was the last draw of 2017 so congratulations to all the prize winners and please remember to renew your membership for 2018. Still only £10 for 14 draws!

St Peter's Hospice Severnside Support Group



WINTER WARMER LUNCH

Methodist Church Hall, Thornbury
Wednesday 24th January at 1.00pm

Cottage Pie and Crumble followed by tea/coffee – vegetarian option will be available.

Tickets: £8.00 per person available from the Town Hall, Thornbury, from 4th January 2018.

**Please come along and support St Peter's,
your local Hospice.**



Tytherington WI

There was a good attendance at our AGM but unfortunately the President, Val Vizard, was ill so Pam Shipp (Secretary) and Mary Travell (Treasurer) conducted the meeting in her absence.

We have 20 members and the meeting began with Pam presenting Tytherington WI's Annual Report, and Mary the Financial Report.

The Committee for the year was re-elected with the addition of Suzanne Cuff, who will take over the post of researching speakers. Rosa Taylor will keep our records in place of Bernice Evans.

Mary reported that there had been a substantial donation from Tytherington's Fun Day in August, which would be included in next year's accounts, and was much appreciated.

The Speaker was Sandy Bateman, who is also a member of AFWI. She gave an interesting talk on the Bronte Sisters; the vote of thanks was given by Valerie Niblett.

The competition for a sepia picture was won by Valerie Niblett with Janice Cornock 2nd and Isobel Clutterbuck 3rd.

Our first meeting of the New Year will be held in the Village Hall on **Monday 15th January starting at 2 pm** when the Speaker will be David Wallace talking about The Scilly Isles. Anyone interested is invited to come along.

Computer Support Volunteers at Thornbury Library

Drop-in without an appointment on Monday mornings 10-12 to see Mike, our computer volunteer who can help with quick enquiries.

If you need more intensive support, book in to see our computer volunteer Chris on Thursday mornings at 9.30, 10.30 or 11.30. Sessions with Chris must be booked in advance – enquire in person at Thornbury Library or email thornbury.library@southglos.gov.uk



Benefice Ramblers

The January ramble will be on **Sat January 27th**

For more details look for a poster in Cromhall Village Shop



Resolve to help others this New Year

With Christmas behind you, volunteering in your local community could be just what you are looking for. By giving just an hour a week of your time you can make a huge difference to those that you help, and volunteering has been shown to improve your health and happiness too!

Thornbury Volunteer Centre can provide you with information and support on volunteering opportunities in your area which best suit your needs, skills and time available, whilst making sure that you find volunteering an enjoyable and worthwhile experience.

We are contacted regularly by groups that are seeking to recruit volunteers from all walks of life, levels of expertise (from none to highly skilled) and time available.

There is no barrier to volunteering. Anyone, who is able to spare some time, from an hour a week to once a month or just on a one-off basis, would be warmly welcomed by someone in the community.

If you would like to find out more please contact Thornbury Volunteer Centre on 01454 413392; email mail@volunteer-thornbury.co.uk; visit our website on www.volunteer-thornbury.co.uk; follow us on twitter: @thornburyvc or Facebook: thornburyvolunteers. Alternatively, call into the office at Thornbury Town Hall between 10.30am-12 noon Monday to Friday.



Thornbury and District Cancer Research UK

Come and join us and banish those winter blues!

**“Rock of Ages” band
at The Castle School on
Saturday February 17th at 7.30pm.
Bar and Raffle**

A Valentine's evening with great music from the 60's 70's and 80's and local drummer Brian Henley will help the band go with a swing. Red is the theme with plenty of love to go round for all!!

A great foot tapping night will be enjoyed by all, whether you like to dance or just listen to some fab` music.

Tickets: £12.50 including refreshments available from Thornbury Town Hall, Owens the Florist on the Plain, The Garden Shop off the High Street or give Jennie a call on 01454 415856.

All profits from the evening will go to Cancer Research UK.

THORNBURY MUSICAL THEATRE GROUP PRESENTS

14th -17th February 2018

Dick Whittington & his Cat

Directed by
Dorothy Wrench

A pantomime by
Chris Dengs and
Chris Harris



Thornbury Musical Theatre Group Ltd is a registered charity (1124233)



From 14-17 Feb 2018,
join Dick Whittington
and his cat at the

Armstrong Hall in Thornbury
as they embark upon an adventure
which takes them far from London
and its streets paved with gold.

Tickets

£12.50 adults

£11.50 senior citizens

£5 children (up to 16 years)

Visit www.tmtg.org.uk/tickets, call
07516 270140 or buy at Lisa
Costa Residential Sales & Lettings,
53 High Street, Thornbury from
one month before the show.

DICK WHITTINGTON AND HIS CAT COME TO THORNBURY

In this, its **50th Anniversary** year, the Thornbury Musical Theatre Group will perform the traditional pantomime 'Dick Whittington and his Cat' at the Armstrong Hall in Thornbury from 14th to 17th February. Directed by Dorothy Wrench, 'Dick Whittington and his Cat' is packed with fun and frolics, catchy music, audience participation, hilarious comedy, drama and romance.

Dick Whittington comes to London with his feline companion Tommy to seek his fortune. He falls in love with his employer Alderman Fitzwarren's daughter Alice. Dick and Tommy embark upon an adventure which takes them far from London to Morocco where he makes good with the help of Fairy Bowbells, Tommy and Sarah the Cook, despite the evil schemes of King Rat.

Performances 7.30pm nightly and matinées at 2.30pm on the Friday and Saturday. Tickets are bookable online at www.tmtg.org.uk with no booking fee. £12.50 Adults, Senior Citizens £11.50 and **only** £5 for children as a **special 50th Anniversary offer price**. Group discounts of 10% for 10+ seats. Box Office enquiries 07516 270140. We are once again indebted to Lisa Costa Residential Sales and Lettings for their generous offer to run our Box Office at 53 High Street, Thornbury from Saturday 6th January.

Rockhampton Village Hall 100 club

November draw winners were:

£15 Sue Dickason £10 Linda Smith
£5 Ann Fisher £5 Mike Irish

December draw winners were:

£15 Nicky & Andrew Auburn £10 Paul Cumber
£5 Rob & Val Gibson £5 Margaret & Dave Webb

December bonus draw:

£75 Tom Richardson
£30 Margaret & Lawrence Oliver
£25 Bill Gill £25 Charles Eardley-Wilmot

www.rockhamptonvillagehall.com

Severn Vale Smallholders Association

Meetings held at in the Stuart Room
at the Chantry, Castle Street, Thornbury
7:30 pm

Wednesday 17th January

'All About Apples'
David Frith



To Cromhall Residents.....

St. Andrew's Church has a visiting band of excellent bell ringers on **Saturday 20th January 2018**. They plan to attempt a peal of ringing starting at 10 a.m. which will take about three and a half hours in total to complete.

We hope you are able to enjoy hearing the bells - the full peal is rarely performed in Cromhall.

Regular Cromhall ringers practice on a Monday evening and would always welcome anyone interested in learning - any Monday from 7.30 pm - we'd be pleased to see you.



Cromhall Crafters



A group of people interested in doing everything crafty or homemade.

Come join us for a chat, cuppa and bring your own crafting to do.

2nd TUESDAY of the month 7 - 9pm
at Cromhall Chapel

Contact: Rebekah 07715473384 or Charlie
Bull 07733004585

Carols around the tree

Falfield Village Hall Management Committee would like to say a huge thank you to everyone who made Carols around the Tree such a success.

We were entertained by the Phoenix Singers and enjoyed singing alongside them. Santa made an appearance to see boys and girls of all ages!

Thanks must go to Tortworth Estate for a beautiful tree, festive food and drink from The Huntsman and gifts from Falfield Stores. The evening also relies on a team of people behind the scenes to assemble lights and the marquee. It was great to see the community coming together.

A big thank you for the donation of £54 collected for Teenage Cancer Trust during the evening.



Wishing everyone a
Happy New Year .



The Mission to Seafarers
Caring for seafarers around the world

Knitting for Seafarers

Seafarers often set out on new contracts not knowing where their ship will end up or travel through, and they may need to stock up on warm clothes to see them through some of the chillier parts of the globe. We are always grateful for gifts of warm knitted items which our chaplains can pass on to seafarers in need.

If you can supply balaclavas, scarves, gloves and hats in any colours, we would love to hear from you. You can have a look at some of our suggested knitting patterns at www.missiontoseafarers.org/uploads/pdfs/support-us/Knitting%20Patterns%202014.pdf or you can design your own!

Please send your knitted items to us at: **The Mission to Seafarers, FREEPOST KE5265, London, EC4B 4EP**

Alveston Gardens Association
at 7.30pm in Alveston Jubilee Hall

Tuesday 8th January
The Butchart Gardens – Canada
with Sue & John Williams

Visitors welcome (£3)

Thornbury Jazz Festival 10th March 2018
in The Armstrong Hall in Thornbury

Starting at 6pm with **Thornbury Swing Band** playing classic swing jazz, instrumental and vocal numbers from the 1930s right up to modern times.

The evening will continue with the
Mark Randall Six
performing an eclectic mix of music including much Ellington, Strayhorn, and Basie.

This will be followed by
Jessica Radcliffe & The Park Row Five
with a selection of original arrangements of a wide range of jazz classics, blues and ballads.

The evening will conclude with late night relaxed jazz with **The Class Act Trio**
led by John Huggins.

Tickets from Thornbury Town Hall or call 01454 412272.
To raise funds for the Armstrong Hall Redevelopment Project (Phase 1)

- Tickets for the 6pm Swing Band concert alone are £6.
- Tickets for concerts starting at 7.30 to include The Mark Randall Six, The Park Row Five with Jessica Radcliffe and the Class Act Trio tickets are £15.
- Ticket for all the musical events from 6pm onwards is £18.
Hot food will be available for £5 each serving.
Bar available and nibbles will be served.

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Thornbury Orchestra Concert
Supporting Multiple Sclerosis People's Help
<http://www.mspeopleshelp.co.uk/>
Marlwood School, Alveston
Music from the Shows
Saturday December 2nd 7.30pm
Conductor Chris Hill Leader Janet Lewis
Tickets are available at two MSPH charity shops
in Thornbury.
Adults £8 School age children £5 Under 5s Free

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Severn Valley Quilters
Exhibition 2018
Friday 23rd February 2-5pm
Saturday 24th February 10am-4pm
Thornbury Methodist Church Hall
Castle Court BS35 2AQ
Trader - The Patchwork Basket, Sales Table,
Tombola and Refreshments.
All proceeds to charity.
Admission £3 Disabled Access



Villages to expand

Despite strong opposition from residents, at a meeting of the Development Control Committee in December, South Gloucestershire Councillors have granted planning permission for 57 new homes in Tytherington, (28 off Duck Street, 29 off Stowell Hill Road) and 85 new homes in Falfield near the A38/M5 junction. The development at Falfield will also provide a "Park and Share" facility for up to 100 cars, a village green, equipped natural play area, community allotments and orchard, landscaping and sustainable drainage features. The development also proposes a Community Hub building.

Christmas Wreaths and Churchyard Flowers



Christmas wreaths on graves are a lovely reminder of loved ones at this time of year, and you are welcome to place them. However, this is both a reminder that these (and poppy wreaths at Remembrance-tide) are the only artificial flowers allowed in churchyards, and a request that they be removed by Candlemas, February 2nd, (the end of Christmas) please.

Should you be unable to remove your wreath by then, the Wardens and those who look after our churchyards will gladly do it on your behalf.

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Find out more about our range of FREE digital library services, available 24/7 including eBooks, eAudio books and eMagazines. To find out more information about these free services visit: www.southglos.gov.uk/libraries and select "Library e-resources" or ask at the library.

CROMHALL CHAPEL SERVICES

www.cromhallchapel.org

www.cromhall.com

Pastor: Rev. Chris. W. Crocker



SUNDAY 10.30am Morning Worship & Young People's Sunday Club
 6.30pm Evening Worship

TUES **Cromhall Crafters Evening.** Join us on the second Tuesday of each month in the chapel hall at 7pm for an evening of craft making. Bring your own craft or art activity and enjoy tea and conversation. **Next Crafters evening: 9th January at 7pm** in the chapel hall.

WEDS 3rd Jan at 7.30pm – House group Bible Study & Prayer
 10th Jan at 7.30pm – Bible Study and Prayer
 17th Jan at 7.30pm – Bible Study and Prayer
 24th Jan at 7.30pm – Bible Study and Prayer
 31st Jan at 7.30 – Communion and Prayer

THURS "Townwell Tots will meet on 11th and 25th January from 10.15am till 12noon in the chapel hall. This is a free drop-in where parents/carers can relax and chat while the children play. We meet every other Thursday during term-time.

SAT Ladies' Breakfast 13th January at 9.30am – *Life in Miniature!* Speaker: June Bitten.
 Men's Breakfast on 27th January at 9.00am

Sunday service speakers during January are:-

7th (am) David Frampton; (pm) Peter Cresswell.

21st (am) Paul Young; (pm) Paul Young.

14th (am) Pastor Chris; (pm) Trevor Brain.

24th (am) Pastor Chris; (pm) Brian Alan.

There is now a prayer box on the outside wall of the Chapel. If anyone has a concern they would like our small prayer group to pray for, please do drop us a line.

A warm welcome awaits you at all of our meetings

Cromhall Senior Citizens
are all welcome at



Tat3

We usually meet on the
3rd Thursday of the
month at 3pm.

In the Spring and Autumn we go out
for lunch.

In July and December, St Andrew's
Primary School invite us for the after-
noon to be entertained by the children.

On other months we meet in Cromhall
Village Hall for a chat, a quiz and tea.

We would love to see you.

The next meeting is in the Hall on

Thursday 18th January

All welcome

Ring Eva 299251 or Ann 294200 if you
wish to be picked up

Alveston Local History Society

Weds 24th January 2018

Alveston Methodist Church 7.30pm

Was Thornbury a target in the Cold War?
with John Stennard

Visitors welcome



Thornbury Choral Society

Annual Workshop
Saturday 24th February

at

Thornbury Baptist Church, Thornbury
BS35 2EG

The Workshop will study Mendelssohn's oratorio St Paul and will run from 10.30am to 5pm.

At 4pm the public are invited to attend a run through of the progress the assembled singers have made during the day with soloists taking the three solo parts.

All tea, coffee, biscuits and cake at tea-time are included and lunches are available.

The cost of the Workshop is £13.50, scores are available for hire at £2 and lunches are £7.50.

For a booking form please contact Jos Gregson (01454-411652 email jos@josgregson.plus.com) or one can be downloaded from the website thornburychoralsociety.org.uk.

Falfield Parish Council Report

At their November meeting Councillors acknowledged the commitment given to the Parish Council over the previous seven years by Councillor Jane Hathway who had decided to step down from the Council for personal reasons. The resignation of Jane Hathway resulted in the election of a new Chairman with Emma Jarvis being elected as Chairman and Andrew Gregory as Vice Chairman.

The issue of the street lighting in Church Avenue and Eastley Close was again discussed and although nothing positive could be reported communications between the Parish Council and the Ministry of Justice Estate along with the assistance of Luke Hall, MP, was progressing albeit slowly.

Also at the meeting Councillors agreed the financial budget for 2018/2019 which will result in the parish precept of £6,553.00. This is an increase of £93.00 (1.44%) over the precept set for 2017/2018. Councillors also agreed to replace the existing parish notice board on the village green which was now past economical repair.

Councillors decided to call a special meeting on Wednesday, 3rd January in order to discuss the Councils response to the latest Joint Spatial Plan (JSP) consultation which was due to close for public comment on 10th January 2018.

Draft minutes of the November meeting along with details for the Financial Budget set for 2018/2019 can be found on the village website www.falfield.org.uk/council.html.

The next full Council meeting will take place on **Tuesday, 16th January 2018** at 7.30 in the Village Hall.

James Carpenter, Clerk & RFO
falfieldpc@googlemail.com

St James 2017/18 100+ Club



Christmas Draw

1st No 78 K Stovold
2nd No 120 T Whiles
3rd No 193 J Williams
Bonus No 18 K Livall.

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World Leprosy Day 2018

World Leprosy Day takes place on the last Sunday in January, a date chosen by French humanitarian Raoul Follereau in 1953. However, The Leprosy Mission in England and Wales encourages people to mark the special day at any time between the end of January and the end of April.

The day aims to raise global awareness of a disease that many people believe to be extinct, when in fact around 210,000 new cases are diagnosed each year, and it's possible that millions more people are living undiagnosed. It is also a way to raise awareness of the fact that it can be prevented, treated and cured.

The following story shows how the effects of leprosy can act like chains which imprison sufferers, if they are not treated, and prevents them from living useful lives .

Saoude (the little girl pictured next to her mum and granny) is a bright and vivacious eight-year-old with high hopes of training to be a nurse when she grows up. She says she can then make people like her granny better.

Her grandmother, Habsou, came from a poor family who moved around daily to find food. In Niger, the sun-scorched earth lacks nutrients, rainfall can be very scarce and few crops can grow.

Habsou was just five years old when the first signs of leprosy appeared on her body. It was recommended that her parents take her to Danja Hospital where The Leprosy Mission has provided services for decades. Her parents, however, did not want her to go because of the shame surrounding the disease. The fear of their whole family being rejected from their community was just too great.

Instead Habsou was given traditional medicine and hidden away in a hut for many years. Her freedom to play outside with the other children was taken from her, and leprosy worsened. The chains of leprosy began to wrap their way around her.

Habsou finally came to Danja Hospital aged 13. By then she had already lost her fingers and toes and her sight was fading. Leprosy had savagely attacked her body. Over the coming years, her leprosy was treated and her wounds were tended.

As an adult, Habsou was only able to feed her family by begging, she was simply too disabled to work. Her leprosy-affected husband died when she was pregnant with their youngest child Mariama. When Mariama was 15, Habsou told her to marry a leprosy-affected man much older than her as she could no longer afford to keep her. Mariama was considered tainted and 'dirty' even though she had never had leprosy herself. No boy from a respectable family would ever consider marrying her.

It was against Mariama's will to marry this older man but she had no choice. She soon became pregnant with Saoude. The chains of leprosy had wrapped themselves around 15-year-old Mariama.

Today, Saoude goes to primary school in Danja village and her world seems full of possibility. Saoude does not yet wear the chains of leprosy but the threat of them is not far away. If she cannot get a good education, she too will be forced to marry young as her parents won't be able to afford to look after her. She will have to marry someone from the leprosy community and not of her choosing. She will undoubtedly be sentenced to a life of poverty, barely surviving because of the chains of leprosy. An education and a job can save her from all of this. Saoude will be able to look after her parents and grandmother with the money she earns. There is a possibility of freedom for Saoude!

We shall be marking World Leprosy Day in the benefice on Sunday 11th February with a visit to Tortworth from Trevor Grant, TLM's Regional Manager.

Left to right; mother Mariama, grandmother Habsou and granddaughter Saoude picture in Danja southern Niger



Swimarathon 2018 at Thornbury Leisure Centre

Can you swim 25 metres, the length of the pool?

Why not put your talent to good use and raise money for charities?

Come and join hundreds of other South Gloucestershire and Bristol swimmers at the annual Swimarathon fundraising event that will take place at **Thornbury Leisure Centre over the weekend of 2nd – 4th March 2018.**

Swim to the pulsating beat of the **Castle School Steel Band** creating a carnival atmosphere by the pool. We are looking for teams of enthusiastic swimmers to help us raise sponsorship to exceed the £21,200 raised in 2017.

This exciting event is a fun, sponsored relay challenge for all age groups, raising money for many local charities and good causes. Join in the excitement that is typically **Swimarathon**.

So, get together a team of up to 6 swimmers and send in an application to join one of the most enjoyable evenings you will have this winter – as always, entering a team is free.

More details are available on the website: www.thornburyrotary.org/swimarathon.

To find out more please email the organiser via Swimarathon@thornburyrotary.org.

Rotary Club of Thornbury is delighted to have **Berkeley Vale Motors** as the main sponsor again for 2018 with lots of support from many other local businesses. We are organising this event to support **Cystic Fibrosis Trust, Jigsaw Thornbury** and many other local charities, good causes and initiatives.



BERKELEY VALE



GLOSS FM gears up for licence bid



GLOSS FM, the local radio station for Thornbury & District, has launched an online petition for local people to

register their interest in having a local radio station again.

Station director Glyn Roylance explained "When we apply for the licence next year we need to include evidence of demand for the service. Therefore, it's essential that we get as many signatures as possible". He continued "it's really quick and easy to do – just visit www.glossfm.co.uk/support".

The station will be seeking support in terms of premises, funding and skilled volunteers. If you can help in any way, please contact glyn@glossfm.co.uk. You can listen to the station 24 hours a day, 7 days a week at www.glossfm.co.uk.



Cancer Research UK

The "Sip'n Sing" at St Helen's Church, Alveston, on December 7th was another very successful evening, organised by Thornbury and District Cancer Research UK Committee, raising over £900.

The young quartet "Betar Brass" accompanied the singing of carols with gusto. St Mary's Handbell Ringers performed, which along with poems and stories, all made for a most enjoyable evening.

A cheque for £10,000 was gratefully accepted from Lynfa Fisher, our Chairman, by Nikki Collins a Senior Cancer Research UK Manager.



Thank you to everyone who supports our events and makes our fundraising so worthwhile.

All you need to know about January

According to folklore, everything you do on New Year's Day will influence your luck in the coming year. (My mother was always most insistent that no washing should be done on this day as it would 'wash the head of the family away'.) Apparently nothing should be taken out of the house today - not even rubbish, so clearing up after the New Year's Eve party will have to be left until tomorrow. It's especially important that you don't lend fuel or matches, or pay bills, lest you lack fire and money during the coming year. If it is absolutely necessary to carry something out, make sure that you bring something in first - preferably a coin, concealed outside on the previous night.

*Take out, then take in
Bad luck will begin
Take in, then take out
Good luck comes about.*

On 4th January one should make your cake for Twelfth Night (6th January).

'To make a Twelfth Cake:

Put two pounds of butter in a warm pan and work it to a cream with your hand: then put in two pounds of loaf sugar sifted; a large nutmeg grated; and of cinnamon ground, allspice ground, ginger, mace and coriander each a quarter ounce. Now break in eighteen eggs by one and one, meantime beating it for twenty minutes or above; stir in a gill of brandy; then add two pounds of sifted flour, and work it a little. Next put in currants four pounds, chopped almonds half a pound; citron the like; and orange and lemon peel cut small half a pound. Put in one bean and one pea in separate places, bake it in a slow oven for



four hours, and ice it or decorate it as you will.'

Elizabeth Raffald: The Experienced English Housekeeper 1769

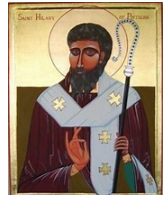
7th January - St Distaff's Day - in southern England was the day to start work again after the Christmas holiday.

*Partly work and partly play
Ye must on St Distaff's day
From the plough soon free the team
Then come home and fodder them
If the Maids a-spinning go
Burn the flax and fire the tow
Bring in pails of water then
Let the Maids bewash the men
Give Saint Distaff all the right*

*Then give Christmas sport goodnight
And next morrow, every one
To his own vocation.*

Herrick: 'Hesperides' 1648

The 13th January is St Hilary's Day, traditionally the coldest day of the year, when marriages were once more permitted after the Advent and Christmas ban.



Cold weather seems to have been at the forefront of people's minds at this time. In frosty weather it was advisable to check your stored fruit and make apple tarts (presumably to use the apples up before the frost ruined them).

'If the frost be very extreme, and you fear the endangering of your fruit, it is good to cover them somewhat thick with fine hay, or else to lay them covered all over either in barley chaff or dry salt; as for laying them in chests of juniper or cypress, it is but a toy, and not worth the practice. If you hang apples in nets within the air of the fire, it will keep them long, but they will be dry and withered, and lose their best relish.'

Markham: The English Husbandman 1635

'To make Apple-tart.

Take apples and peel them, and slice them thin from the core into a pan with white wine, good store of sugar, cinnamon and rose-water, and so boil all till it be thick. Then cool it and strain it, and beat it very well together with a spoon, and then put it inot your coffin or crust and bake it. It carrieth the colour red.'

Markham: The English Housewife 1683

As the month progresses, the days begin to lengthen, although apparently 'As the days lengthen so the cold strengthens.' Perhaps those who decided to sleep through it all have the right idea.

27th January

'On this day in 1698 Samuel Clinton, a labouring man of Timsbury near Bath, awoke in good health from having slept continually since November the 19th 1697 - on which day he had awoken briefly to ask for bread and cheese, but had fallen asleep again before he could eat it. Previous to that date, he had slept solidly since August the 17th; and before that From April the 9th until August the 7th 1697 All efforts to arouse him (even by injecting smelling salts up his nostrils, or running a great pin into his arm to the bone) had proved in vain.'

Philosophical Transactions 1708

Source: The Perpetual Almanack of Folklore by Charles Knightly

Your magazine: How to send copy or adverts for inclusion in '5 Alive':

NEWS COPY:

Where?

- News items should be sent to Kay Rea, The Bungalow, Moorslade, Falfield, GL12 8DJ Tel. 01454 260364
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When?

- Copy date is **strictly before midnight on the 19th of each month** (but the earlier we receive material the better).

In what form?

- Please submit all copy by e-mail (attachments should be in **Word or Publisher** format, **not PDF**). (We reserve the right of the editor to edit, and you may find that small changes are made for the sake of space etc)
- If you want to submit an advertising poster or similar, black and white is preferable as it reproduces more clearly.
- **Charities wishing to publicise events should quote their charity number.**

ADVERTISING:

- **The deadline for inclusion of advertising in 5 Alive is the 12th of the month preceding publication.**
- Enquiries about advertising should be directed to Kay Rea, The Bungalow, Moorslade, Falfield, Nr Wotton-under-Edge, Glos, GL12 8DJ. Tel. 01454 260364 Email: kay.rea@btinternet.com

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Cheques should be made out to 'Benefice Newsletter' and sent to Kay Rea (as above).

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